

Annual Report 2025

Introduction

National Charitable Trust (NCT) is a committed NGO dedicated to the welfare of persons with disabilities. The year 2024–2025 was marked by numerous inclusive celebrations, capacity-building trainings, awareness campaigns, and outreach activities, all focused on enhancing the quality of life for our beneficiaries and their families.

Highlights of the Year

Awareness and Health Programs

- **World Autism Awareness Day – 2nd April 2024**
Organized to educate the community about Autism Spectrum Disorder. Dr. Kiruthika Sivaraj presented on the behavioural traits and support strategies for children with Autism. Parents actively participated and shared their experiences, fostering awareness and inclusion.
- **Acupuncture Training – 15th June 2024**
Dr. Rajkumar conducted a session on the use of acupuncture for basic pain relief. Staffs learned methods to manage discomfort, which is especially useful for children with limited verbal communication.
- **Nambikkai Padigal – 27th September 2024**
A welfare event for persons with Muscular Dystrophy with 25 participants. Competitions, refreshments, and motivational sessions were held. Chief guests included DDAWO Mr. Magizhnan, Dr. Nadasabapathi, Valli Ortho Hospital and Social Worker Mr. Mohan.

Training and Capacity Building

- **Coaches Training (Special Olympics Bharat) – 11th & 12th July 2024**
Two educators attended the State-level camp in Coimbatore to develop skills in training athletes with disabilities.
- **State Training for Anganwadi Workers – 15th July 2024**
A total of 50 workers trained on identifying and supporting children with Deafblindness and Multiple Disabilities. Expert resource persons Mr. Srinivasan Prasannan guided the sessions.
- **National Sexuality and Mental Health Training – 27th July–2nd August 2024**
NCT's Deafblind project team attended the four-day national training in Ahmedabad, organized by Sense International India. The sessions covered inclusive sexuality education and mental health support.

- State Network Meeting – 28th–30th August 2024
A strategic event for the Network members from three different networks called Prayas(Parents), Abhi Prerna(Teachers) and Udaan (Adults) working on Deafblind inclusion. Representatives from Sense India and other organizations collaborated on knowledge sharing, advocacy, and coordination.

Community Engagement & Monitoring

- Monitoring Visit – 20th & 21st June 2024
Mr. Rajesh Vargees, Program Head, Sense International India, reviewed the Deafblind Project. He interacted with families and provided useful feedback on interventions.
- Parent's Meetings – 20th September & 14th December 2024
These meetings served as a platform to discuss children's progress, address challenges, and collect parental feedback for better program delivery.
- Local Network Meeting – 27th July 2024
Nutritional support kits were distributed to service users, and one assistive device was provided to a child. It helped address the holistic needs of children and families.

Inclusive Celebrations and Events

Each celebration was designed to foster inclusion, joy, and cultural understanding among children with disabilities, their families, and the community.

Cultural & Religious Festivals

- Traditional & Organic Food Festival – 23rd May 2024
Teachers prepared nutritious dishes using traditional ingredients. Judged by Mrs. Vasugi Vijayakrishnan, this event promoted healthy eating and teamwork.
- Krishna Jayanthi – 24th August 2024
Children dressed as Lord Krishna and Radha. Devotional songs, pooja rituals, and sweets brought cultural joy to all.
- Vinayagar Chaturthi – 7th September 2024
Celebrated with clay Ganesha idols and devotional songs. Children learned about the significance of the festival.
- Aayudha Pooja – 11th October 2024
Worship of tools, therapy aids, and learning materials. A festive golu arrangement was set up. Children participated in traditional rituals.
- Diwali Celebration – 30th October 2024
Sponsored by Rotary Club of Salem Elite and Magizhvithu Magizh team. New clothes

and sweets were sponsored to the children. Children performed dance and enjoyed the event.

- Christmas – 24th December 2024
Santa Claus visited the centre and distributed. Carols and a nativity play brought festive spirit to the children.
- Pongal Celebration – 12th January 2025
Sweet pongal was prepared and shared. Traditional games, decorations, and cultural performances celebrated Tamil Nadu's harvest festival.
- New Year – 31st December 2024
A cheerful event with cake cutting, songs, and New Year resolutions. Families and staff participated with joy.

Themed & Educational Celebrations

- Helen Keller Day – 3rd July 2024
A video was played on Helen Keller's life. Drawing and quiz competitions were held. Chief Guest Mrs. Suganthi, ICDS Project Officer, praised the performances.
- Landforms Theme Day – 10th August 2024
Children enacted the 5 Tamil landscapes – Kurinji, Mullai, Marutham, Neithal, and Paalai. Each group represented a region through costumes and activities.
- Animal Theme Day – 2nd January 2025
Children learned about wild, domestic, and aquatic animals through displays.
- Colours Day – 6th March 2025
Classrooms were decorated with assigned colours. Children dressed accordingly and participated in sensory games.

National Celebrations

- Independence Day – 15th August 2024
National Leaders Fancy dress, patriotic songs, and cultural events were conducted. Guests included Mr. Raja Singh, Farmer Rotary club President and Dr. Sornam Chokkalingam, Gynaecologist, Mangai Hospital.
- Children's Day – 14th November 2024
A colourful celebration with games, music, and performances marked this special day. Refreshments were provided. The event focused on fun games, laughter, learning, and love.

- World Disability Day – 3rd December 2024
Children performed dances in the presence of the District Collector and other government officials. Staff received awards for their outstanding service in disability care.
- Sibling Day – 28th December 2024
Siblings of children with disabilities participated in discussions and games. Dr. Nithya Manoj addressed the importance of sibling support.

Sports and Competitions

- Special Olympics Bharat – 5th November 2024
Children participated in district-level sports events based on age and disability category. They demonstrated exceptional spirit and teamwork.

30th August 2024 – Selvamathi Resort Picnic

- This outing was arranged to provide a refreshing break and a recreational experience for the children. Games, swimming, and interactive group activities were organised at the resort. The picnic helped in enhancing social interaction and provided an inclusive environment for children with disabilities.

Mettur Dam Picnic – 15th July 2024

- The children were taken to the scenic Mettur Dam, where they had the opportunity to experience nature and wildlife. They enjoyed seeing birds and animals along the dam area and park surroundings. The event encouraged exploration, outdoor activity, and sensory learning in a safe environment.

Gowri Theatre Visit – 25th December 2024

In a unique attempt to provide cinema experience for children with disabilities, they were taken to Gowri Theatre in Salem.

- The children watched a special movie called “ The Lion King”. They learned the process of buying tickets, entering the hall, finding their seats, and experiencing visual and auditory stimulation in a new environment. This activity was planned to improve community participation, adaptability, and emotional response in real-life social environments.

Muttal Falls Picnic – 22nd November 2024

Children with Deafblindness and their caregivers visited Muttal Falls, a peaceful destination surrounded by greenery and flowing water.

- The walk through nature and sounds of the waterfall provided a rich sensory experience.
- Caregivers guided children to feel textures of rocks, leaves, and water enhancing tactile exploration.
- A group lunch has provided memorable experience, promoting socialization and calm.

Conclusion:

The year 2024–2025 at National Charitable Trust was marked by meaningful engagements, inclusive celebrations, and impactful capacity building. Our commitment to empowering children with disabilities and their families continues to grow with every program and partnership. We extend our gratitude to all supporters, staff, caregivers, and children who make our mission possible.